



Prior to Surgery

- Payment** Payment in full must be made prior to surgery. If a payment plan is established, you will be set up for monthly ACH debit until your account is paid in full.
- Blood Thinners** If you take blood thinning medication such as Coumadin, Plavix, aspirin, or ibuprofen, these MUST BE STOPPED 7 days prior to surgery.

Day Before Surgery

- Confirmation** A nurse will contact you by 5:00 pm the day before surgery to confirm the time you should arrive for your surgery and answer any questions.
- No Eating** You should have nothing to eat or drink after midnight. This includes no gum, mints, or water. Small children should not brush their teeth unless they can do so without swallowing any water. Failing to adhere to these recommendations will result in a cancellation of your procedure.

Day of Surgery

- Medication** If you take medications in the morning, YOU MUST TAKE THEM AS PRESCRIBED (except for blood thinners, aspirin, and ibuprofen) BUT ONLY WITH A SIP OF WATER. Failing to adhere to these recommendations may result in a cancellation of your procedure. If you have any questions, please contact our nurse.
- Parking** The Surgery Center reception area is located on the west side of the building; please use the parking lot near the west entrance. If more parking is needed, please park in the front of the building and enter through the west door.
- Tobacco Use** Do not smoke or use tobacco on the day of your surgery. Failing to adhere to this will result in the cancellation of your procedure.
- Bathing** To prepare your skin for surgery, please shower or bathe the night before or the morning of surgery.
- What to Wear** Be sure to wear something comfortable like pajamas, sweats, or gym shorts that you can recover and go home in. Bras with metal components cannot be worn and sports bras are recommended.
- Diabetic** Please bring your insulin with you. A blood sugar test will be done on admission.
- Who to Bring** A lounge area will be provided for those accompanying the patient. Due to its size, please limit family members to no more than two and if possible, make arrangements for small children to be left at home. Any family members who have had a fever, chills, cough or body aches should stay home.
- Ride Home** All patients must have a ride home from surgery and will not be permitted to drive themselves home.

After Surgery

- Post Op** Patients undergoing anesthesia should have an adult to observe and assist with recovery for the first 24 hours after surgery. Patients should avoid activities requiring mental alertness such as driving or decision making on the day of surgery or for as long as they are on narcotic pain medications. Post-Operative instructions specific to your care will be given.
- Follow Up** A nurse will call within a few days after surgery to make sure the patient is doing well.
- Questions** If you have any questions or concerns, please contact us anytime, day or night, at 208-656-9646 or 208-419-3254. If you cannot reach the nurse on call, please go to Madison Memorial Emergency Room and they will page your physician.
- Survey** At your post-op visit, you will be given a survey. Please take a minute and let us know how we did.